BARRHAVEN FOOD CUPBOARD

Neighbours Helping Neighbours

Heartfelt Stories From The Front Lines - I Get This Too?!

The first people our clients interact with at the Barrhaven Food Cupboard are our dispatchers and greeters. These compassionate volunteers make appointments and greet our clients, many of whom are coming to us at a hard time in their lives. They guide clients with care, provide a safe place, and get to know their stories. We want you, our regular donors, to know the difference you are making every day.

One client could not believe the amount of food being offered. They thanked us many times and told us how helpful the food bank was for them. So many times he said "**really - I get this too?**"

Another client admitted they didn't know how to cook pasta, so our volunteer took a few minutes and gave him a mini cooking lesson. He was so grateful - the expression on his face was worth every minute!

As an entirely community-funded organization, we can only make these stories possible because of YOUR regular donations. It is because of your generosity that families are supported and can say "**really - I get this too?**"

YOU CAN DONATE HERE

To make sure we can continue to support nearly 700 families every month, please continue to give generously and know that every donation makes a difference.
Thank you for making a difference in Barrhaven and for supporting your neighbours.

With gratitude,
The Barrhaven Food Cupboard Team

PS – Did you know that you can direct your donations to the Barrhaven Food Cupboard through the **United Way**? If this is your preferred method of making donations through your employer, then consider BFC! (Registered Charity No. 839063831)

Barrhaven Food Cupboard
Telephone: 613-825-4505
Registered Charity No. 839063831RR0001

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